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DEPAI CENT	RTMENT OF HEALTH	AND HUMAN SERVICES		ناسط	31091)4	PRINT	ED: 02/19/201
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION CENTERS FOR MEDICARE & MEDICAID SERVICES (X1) PROVIDER/SUPPLIER/GLIA IDENTIFICATION NUMBER:		(X2) MULT A BUILDIN	IPUE CONSTRUCTIO		OMB N	IO. 0938-038 PATE SURVEY COMPLETED	
ì	PROVIDER OR SUPPLIER	445110	8. WING	STREET ADDRESS.	CITY, STATE, ZIP COD	E	01/23/2014
	EALTHCARE, COOKEV		- 1	816 SOUTH WALK COOKEVILLE, T			
(X4) ID PREPIX TAG		Tement of deficiencies Must be preceded by full SC identifying information)	PREFIX TAG	PROVI	DER'S PLAN OF CORRE PRECTIVE ACTION 6H ERENCED TO THE APP DEFICIENCY)	Att harm	COMPLETION
F 000	AMENDED During an annual recomplaint investigati January 23, 2014, at Cookeville, deficient the complaint	certification survey and ion (#32579) completed on the NHC HealthCare, ties were cited in relation to	F 00	written allegat deficiencies ci of this Plan of admission that one was cited correction is s	orrection constitution of compliance ted. However, sub Correction is not at a deficiency exist correctly. This Plaubmitted to meet established by state.	for the mission an is or that in of	
33-D	the complaint. 280 483.20(d)(3), 483.10(k)(2) RIGHT TO						2/13/14
		SUPPLIER REPRESENTATIVE'S SIGNAT		TITE	-		X8) DATE
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Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that following the date of survey whether or not a plan of correction is provided. For nursing homes, the findings stated above are disclosable 90 days following the date these documents are made available to the facility. If deficiencies are died, an approved plan of correction is requisite to continued

FORM CMS-2587(02-99) Previous Versions Obsolete

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Event ID; 80XG11

Facility ID: TN7103

if continuation sheet Page 1 of 15

CEN	TERS FOR MEDICARI	1 AND HUMAN SERVICES E <u>& MEDICAID SERVICES</u>			FO	ED: 02/19/201/ RM APPROVE
STATEMENT OF DEFICIENCIES (X1) PROVIDER/BUPPLIES		(X1) PROVIDER/BUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTU A BUILDING	PLE CONSTRUCTION G	OMB NO, 0938-039 (X3) DATE SURVEY COMPLETED	
		445110	B. WING_			
NAME	OF PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODI		01/23/2014
	HEALTHCARE, COOKEV]	815 SOUTH WALNUT AVENUE COOKEVILLE, TN 38501	:	
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F2	a resident incident frourrent medication in (#19) of thirty resident (#19) of thirty resident frourrent medication in (#19) of thirty resident frour medication in (#19) of thirty resident frour medications in continuent in the facility's revealed the received a "couring a transfer in the review of the facility's revealed the Certified was transferring the received a "couring a transfer in the review of the facility's revealed the Certified was transferring the received a "couring a transfer in the review of the facility's revealed the Certified was transferring the received a "couring a transfer in the review of the facility's revealed the Certified was transferring the reduced the Certified was transferring the reduced couring in transferring in transferring the reduced couring in transferring in trans	or one resident (#11) and for interventions for one resident intervention intervention including isorder with Psychotic sets, Paranola, Osteoporosis, itension, Chronic Cerebral r Disease, and B-12 w of the Minimum Data Set mange dated September 23, isolate required extensive reons for transfers, bathing, and toileting; required of one person for eating; of bowel and frequently for the left lower leg investigation dated revealed at 7:25 p.m., the extensive resident's room. Further investigation documentation Nursing Assistant (CNA) exident from the chair to the violet facility's intation revealed the hassistance does the ster?" with the response, faical lift"	F 280		vo officient 4 rised to son g the emoval n. On patient e d and reviewed hich rs MDS cial ivity the	

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I SIYLENE	IT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTI A BUILDIN	PLE CONSTRUCTION	OMB N	O. 0938-039 ATE BURVEY OMPLETED
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NHC HE	ALTHCARE, COOKEV			STREET ADDRESS, CITY, STATE, ZIP CODE 315 SOUTH WALNUT AVENUE COOKEVILLE, TN 38501	<u> </u>	114312014
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	bathing, dressing, gratiolieting; extensive a eating; was always in frequently incontiner. Medical record reviee October 3, 2013, and 2013, revealed no do and type of assistance transfers and Activition medical record review of accumentation that wheelchair were to be accumentation that wheelchair were of the realis were removed from the realis were removed from the resident was sitting in alarm in place, suppossible to the resident's bed revealed and covered with was resident's bed revealed emoved from the bed removed from the following from the bed removed from the bed removed from the from the bed removed from the bed removed from the from the from	rooming, transfers, and issistance of one person for necentinent of bowel and it of bladder. w of the care plan dated it revised on December 31, exumentation of the amount be the resident required with its of Daily Living. Continued w of the care plan revealed is front lower bars on the pedded and wrapped with redical record review of the odcumentation the side om the bed and were not to sident's room, revealed the a rock-n-go chair with an it bars on the bilateral from wrapped with cotton batting bas. Observation of the data and the bed ralis had been in the bed ralis had been in the bed ralis had been in the continuous and the bed ralis had been in the bed ralis had been in the process of the continuous and the bed ralis had been in the process of the care of t	F 280	We began in-services on January 2014 and continued through each with each employee scheduled, u February 13, 2014. (The update revision of the patient's plan of capased upon assessment of patient change in MD orders and patient preference. All licensed nurses an plan team were in-serviced on upon and revising of patient care plans, patient care plan team and all lice nurses are responsible for updating patient care plans. Revisions are communicated on the 24 hours observation sheet and shift to shift report.) All employees not scheduler were called. New employees recent training as part of their new employees are therapist and they the appropriate training as part of orientation to our building's operation.	a shift Intil Inti	

DEPARTMENT OF HEALTH AND HUMAN SERVICES PRINTED: 02/19/2014 CENTERS FOR MEDICARE & MEDICAID SERVICES FORM APPROVED STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY COMPLETED A BUILDING 445110 B. WING NAME OF PROVIDER OR SUPPLIER 01/23/2014 STREET ADDRESS, CITY, STATE, ZIF CODE NHC HEALTHCARE, COOKEVILLE 816 SOUTH WALNUT AVENUE COOKEVILLE, TN 38501 SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) (XA) ID PREFIX TAG ID PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) COMPLETION DATE PREFIX TAG F 280 A quality-assurance program was Continued From page 3 F 280 implemented under the direction of the the wheelchair bars were to remain padded. Director of Nurses to monitor the proper Resident #19 was readmitted to the facility on completion of the patient care plans. The September 3, 2013, with diagnoses including possible Transischemic Attack (mini-stroke), Director of Nurses or designated quality Severe Pulmonary Hypertension, Congestive assurance representative will perform the Heart Failure, History of Myocardial Infarction. following system changes: An audit will and Depressive Disorder. be conducted of all care plans to ensure physician orders and changes in care are Review of the Clinical Pharmacy Review dated updated on the care plans. Any September 3, 2013, revealed the resident had deficiencies will be corrected on the spot. been readmitted with physician's orders for and the findings of the quality-assurance Lorazepam (antianxiety) and Seroquel checks will be documented and (antipsychotic) submitted at the monthly quality-assurance committee meeting for Review of the Physicians Recapitulation Orders further review or corrective action. The dated January 2014, revealed, the resident first reporting will occur at the March received Lorazepam and Seroquel daily. 2014 meeting of the Quality Assurance Committee which consists of the Medical Review of the Care Plan dated November 5, Director, Director of Nursing, Director of 2013, revealed care plan interventions for Cymbalta (antidepressant) and no interventions HIM, Director of Dietary and Administrator. (End Tag F280) for Lorezeparn or Seroquel, Interview with the Assistant Director of Nursing on January 23, 2014, at 9:40 a.m., at the 100/200 hall nurse's station, confirmed the care plan had not been revised to reflect the resident's current medication regimen. COMPLAINT #32579 483.25(h) FREE OF ACCIDENT F 323 F 323 HAZARDS/SUPERVISION/DEVICES SS=G The facility must ensure that the resident environment remains as free of accident hazards as is possible; and each resident receives

DEPARTMENT OF HEALTH AND HUMAN SERVICES PRINTED: 02/19/2014 CENTERS FOR MEDICARE & MEDICAID SERVICES FORM APPROVED SYATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: (X2) MULTIPLE CONSTRUCTION OCS) DATE BURVEY A. BUILDING _ COMPLETED 445110 B. WING NAME OF PROVIDER OR SUPPLIER 01/23/2014 STREET ADDRESS, CITY, STATE, ZIP CODE NHC HEALTHCARE, COOKEVILLE 815 SOUTH WALNUT AVENUE COCKEVILLE, TN 38501 SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) (X4) ID PREFIX TAG PROVIDER'S PLAN OF CORRECTION [EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE ID PREFX COMPLETION DATE TAG DEFICIENCY F 323 (Begin Tag F323) It is the policy of this Continued From page 4 F 323 facility to insure that the resident 2/13/14 adequate supervision and assistance devices to environment remains as free of accident prevent accidents. hazards as is possible, and each resident receives adequate supervision and assistant devices to prevent accidents. Some of the many ways that this has This REQUIREMENT is not met as evidenced been achieved for resident #11 is by by: periodically reviewing medication with Based on medical record review, review of facility potential adverse effects associated with investigation, observation, and interview, the falls, providing motion sensor alarms and facility failed to ensure steff transferred a resident a low bed. In this case many changes in a manner to prevent accidents for one resident have already been made to ensure that (#11) of three residents reviewed for accidents, resident #11 would remain free of The facility's failure to transfer the resident accidents and incidents. These changes according to the resident's assessment resulted include the removal of the bed rail and in harm to resident #11, padding the bars on resident #11's wheelchair. The findings included: Resident #11 was admitted to the facility on January 24, 2007, with diagnoses including Dementia, Bipolar Disorder with Psychotic Features, Anxiety State, Parancia, Osteoporosis, Osteoarthritis, Hypertenaion, Chronic Cerebral Atrophy, Peptic Ulcer Disease, and B-12 Deficiency. Medical record review of the ADL 31 Day Look-back dated August 30 through September 30, 2013, revealed the resident required one to two persons for transfers, Medical record review of the Monthly Nursing Summary Report dated September 3, 2013, revealed, "....Current Modes of Transfer: Lifted manually Lifted mechanically.,," Medical record review of the Minimum Data Set (MDS) Significant Change dated September 23,

DEPARTMENT OF HEALTH AND HUMAN SERVICES PRINTED: 02/19/2014 CENTERS FOR MEDICARE & MEDICAID SERVICES FORM APPROVED STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION OMB NO. 0938-0391 (X1) PROVIDER/BUPPLIER/CLIA IDENTIFICATION NUMBER: (X2) MULTIPLE CONSTRUCTION (X3) DATE BURVEY A. BUILDING COMPLETED 445110 **8. WING** NAME OF PROVIDER OR SUPPLIER 01/23/2014 STREET ADDRESS, CITY, STATE, ZIP CODE NHC HEALTHCARE, COOKEVILLE 815 SOUTH WALNUT AVENUE COOKEVILLE, TN 38501 SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC (DENTIFYING INFORMATION) (X4) ID PREFIX PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE COMPLETION DATE TAG PREFIX TAG DEFICIENCY) F 323 Continued From page 5 Under the supervision of the Director of F 323 Nurses it was determined that all resident 2013, revealed the resident required extensive are at risk for accidents relating to assistance of two persons for transfers. transfers therefore on September 28. Medical record review of the nurse's notes for 2013 we reviewed all resident methods of September 2013, revealed, "9/4/13 1:55 p (p.m.) transfer and the amount of assistance (up) diy (daliy) in rock-n-go w/c (wheelchair), needed. We also conducted in-service Requires ext (extensive) assist (assistance) (with) training for transfers and mechanical lifts locomotion. Non-amb (non-ambulatory), 0 (no) on October 1,2013. Additionally, on walking occurred in room/corridor. Requires ext. January 23, 2014 we reviewed all assist (with) ADLs (Activities of Daily resident methods of transfer and the Living)...Raquires ext assist (with) meals...9/18/13 amount of assistance needed. On @ (at) 6:48 p (p.m.)...Assist x 2 (two people) for January 23, 2014 resident #11's care transfers...9/25/13 11:15 A (up) dly in rock-n-go plan was revised to one person and a lift w.c. Requires ext assist (with) locomotion. or a 2+ person transfer. Non-amb. Ext assist (with) ADL's...Requires ext assist (with) meals..." Review of an investigation of incident dated . September 28, 2013, revealed, at 7:25 p.m., the resident received a cut to the left lower leg during a transfer in the resident's room. Further review of the investigation revealed the Certified Nursing Assistant (CNA) was transferring the resident from the chair to the bed. Continued review of the investigation revealed the question, "...How much assistance does the patient require in transfer?...' with the response, "...2 person or mechanical lift..." Further review of the investigation revealed one CNA was transferring the resident. Review of a statement written by CNA#3 dated September 28, 2013, revealed, "...When I transferred...(named resident #11) from...wheelchair to...bed...became combative with me while holding...When I laid...down I noticed blood on my gloves and arm. That is when I realized the skin tear on...iaft leg. It had gotten caught on the bottom of...bed rail...

DEPARTMENT OF HEALTH AND HUMAN SERVICES PRINTED: 02/19/2014 CENTERS FOR MEDICARE & MEDICAID SERVICES FORM APPROVED STATEMENT OF DEFICIENCIES OMB NO. 0938-0391 (X1) PROVIDER/BUPPLIER/CLIA IDENTIFICATION NUMBER: (PZ) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION (X3) DATE SURVEY COMPLETED A. BUILDING 445110 B. WING NAME OF PROVIDER OR SUPPLIER 01/23/2014 STREET ADORESS, CITY, STATE, ZIP CODE NHC HEALTHCARE, COOKEVILLE 818 SOUTH WALKUT AVENUE COOKEVILLE, TN 38501 SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST SE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) #D PREFIX (XX) COMPLETION DATE TAG TAG F 323 Continued From page 6 To enhance currently compliant F 323 Review of a statement written by CNA #4 dated September 28, 2013, revealed, "...When I was getting my resident ready for bed I heard my operations and under the direction of the Director of Nurses, on February 13, 2014 we completed in-service training for coworker, (named CNA #3), saying that...has transfers and mechanical lifts. blood on...gloves and arm, I came around the In-services began January 23, 2014 and corner to see if I could help. That's when I noticed continued through each shift with each the skin tear on...left leg. I asked...how...did...get employee scheduled, until February 13. that skin tear...said it had gotten caught on the 2014. All employees not scheduled were bottom part of the rall. After that we went and got called. New employees receive the the nurse..." training as part of their new employee orientation. Our only contracted Review of the Emergency Department (ED) employees are therapist and they receive report dated September 28, 2013, revealed the the appropriate training as part of the resident presented to the ED by ambulance with orientation to our building's operations. complaints of leg injury. Continued review of the ED record revealed, "...EMS (Emergency Medical Services) state resident was being moved...skin became caught on a foreign object, and was subsequently tom. The resident presents with a laceration 8 cm (centimeters), clean, irregular L shaped tear on anterolateral leg...Positive for laceration, pain, of the lateral aspect of the left calf, 10 cm laceration in L shape on lateral leg..." Continued review of the ED record Physician Documentation revealed, "...noted in the lateral aspect of left calf: laceration 8 cm laceration in "L" pattern, L (left) anterolateral leg..." Further review of the ED record revealed, wound repair of "...8 cm full thickness laceration to lateral aspect of calf, irregularly shaped. Wound cleansed, imigated, and explored. Subcuteneous tissue closed with 7 sutures and skin closed with 8 eutures..." Review of a staff in-service Transfers and Mechanical Lifts dated October 1, 2013, revealed, "Every Resident under your care must be transferred as care planned no exceptions, if your resident is a two person transfer you must

DEPARTMENT OF HEALTH AND HUMAN SERVICES PRINTED: 02/19/2014 CENTERS FOR MEDICARE & MEDICAID SERVICES STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/BUPPLIER/CLIA IDENTIFICATION NUMBER: OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION (AG) DATE SURVEY COMPLETED A BUILDING 446110 B. WING NAME OF PROVIDER OR SUPPLIER 01/23/2014 STREET ADDRESS, CITY, STATE, ZIP CODE NHC HEALTHCARE, COOKEVILLE 815 SOUTH WALRUT AVENUE COOKEVILLE, TN 38501 SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) (X4) ID PREFIX PROVIDERS PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REPERENCED TO THE APPROPRIATE PREFIX TAG (D(8) COMPLETION TAG DEFICIENCY F 323 Continued From page 7 Effective February 1 2014, a quality F 323 assurance program was implemented have two people to transfer this resident avery under the supervision of the Director of time. All Manual Transfers require the use of a Nurses to monitor resident requiring staff gait belt, no exceptions. If your resident requires the use of a lift for transfers you must use the assistance. The Director of Nurses or designated quality-assurance appropriate lift to transfer this resident every time...Improper transferring of the resident can representative will perform the following and does cause serious injury to our residents..." systematic changes: random direct observation (Direct observation will occur Observation of the resident on January 23, 2014, per shift by licensed nurse supervisors as at 8:30 a.m., in the resident's room, revealed the they make rounds and perform resident seated in a chair with the lower bars responsibilities, as well as these padded. Continued observation revealed the additional individuals DON, ADON, and resident did not respond to questions. Staff Educator. These observations will include all supervisors, all shifts, Observation of the resident on January 23, 2014, including weekends), interview and at 11:10 a.m., revealed the CNA taking the Patient Care Plan (Patient Care plans will resident to the bathroom, cleaning the resident, be revised based upon assessment of and taking the resident to lunch. patient, change in MD orders and patient preference) review of residents requiring Interview with CNA#1 on January 24, 2013, at assistance with transfer. We will 1:30 p.m., at the 300/400 hall nursing station, specifically, include resident #11 in each revealed staff used a stand-up lift or two people to transfer the resident. Continued interview with study time frame. Any deficiencies will be corrected on the spot, and the findings of CNA#1 revealed two people were usually present the quality-assurance checks will be even if the lift was used, documented and submitted at the interview with CNA #2 on January 23, 2014, at monthly quality-assurance committee 4:15 p.m., at the 300/400 hall nursing station, meeting for further review or corrective revealed the resident was transferred with two action. Our plans are to formally report to: people or using a lift. Continued interview with the QA Committee for the months of CNA #2 revealed staff used the lift more often March, April and May, The QA since the resident can become combative with Committee has authority to extend, transfers. modify or end any required QA reporting. The Quality Assurance Committee Interview with the Director of Nursing (DON) on consists of the Medical Director. Director January 23, 2014, at 9:40 a.m., in the conference of Nursing, Director of HIM, Director of room, revealed in-services were begun the day of Dietary and Administrator, (End Tag the incident on September 28, 2013, for all staff F323) regarding Transfers and Mechanical Lifts.

DEPARTMENT OF HEALTH AND HUMAN SERVICES PRINTED: 02/19/2014 FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY COMPLETED A BUILDING 445110 B. WING NAME OF PROVIDER OR SUPPLIER 01/23/2014 STREET ADDRESS, CITY, STATE, ZIP CODE NHC HEALTHCARE, COOKEVILLE 815 SOUTH WALNUT AVENUE COOKEVILLE, TN 38501 SUMMARY STATEMENT OF DEPICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) (X4) ID PREFIX PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD SE CROSS-REFERENCED TO THE APPROPRIATE COMPLETION DATE PREFIX TAG DEFICIENCY) (Begin Tag F371) It is the policy of this F 323 Continued From page 8 F 323 Further interview confirmed when the resident facility to 1. Procure food from sources sustained a laceration to the leg requiring approved or considered satisfactory by sutures, only one CNA was transferring the Federal, State, or local authorities; and 2. resident to bed. Store, prepare, distribute and serve food under sanitary conditions. Some of the many ways that this has been achieved c/o #32579 for our residents is by ordering food from F 371 483.35(i) FOOD PROCURE, vendors who adhere to dietary guidelines STORE/PREPARE/SERVE - SANITARY \$S=F outlined by the FDA. All food is stored in 2/13/14 sanitary conditions, and is neatly The facility must organized. Food stored in our freezers (1) Procure food from sources approved or are frozen solid and food stored in considered satisfactory by Faderal, State or local refrigerators are kept at temperatures at authorities; and or below 41 degrees fahrenheit. Dry (2) Store, prepare, distribute and serve food storage food is left in original containers under sanitary conditions until needed and our stock is regularly rotated. In addition we regularly monitor the sanitation levels of our dishwasher and three compartment sink. This REQUIREMENT is not met as evidenced Under the supervision of the Director of Dietary it was determined that all Based on observation and interview, the facility residents receive food prepared in our dietary department failed to prevent cross kitchen, on January 21, 2014 the contamination while processing the dishes in the Director of Dietary reviewed the proper method for handling clean and dirty dish mom. dishwasher racks with all kitchen The findings included: employees. The Director then observed all kitchen staff handle the clean and dirty Observation and interview with the morning cook racks according to the proper method. on January 21, 2014, at 9:35 a.m., in the dietary department dish room, revealed the dish machine was in operation. Further observation revealed the dietary staff member operating the dish machine pushed a rack containing dirty dishes into the rack of clean dishes inside the dish machine in two consecutive operations of the dish

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